



## SMS Terms & Conditions

By opting into SMS from a web form or other medium, you are agreeing to receive SMS messages from Midstates Recreation. This includes SMS messages for appointment scheduling, appointment reminders, post-visit instructions, lab notifications, and billing notifications. Message frequency varies. Message and data rates may apply. See privacy policy at [www.midstatesrecreation.com](http://www.midstatesrecreation.com). Message HELP for help. Reply STOP to any message to opt out.

- 1. SMS Consent Communication:**

Information (Phone Numbers) obtained as part of the SMS consent process will not be shared with third parties for marketing purposes.
- 2. Types of SMS Communications:**

If consent has been given to receive text messages from Midstates Recreation, messages may be received related to the following:

  - Appointment reminders
  - Follow-up messages
  - Billing inquiries
  - Re visiting a site
  - Helping find the right playground equipment
  - Safety Requirements

Example: "Hello, this is a reminder of your upcoming appointment with Alissa at Midstates Recreation Office on April 25th at 1 o'clock. Reply STOP to opt out of SMS messaging at any time."
- 3. Message Frequency:**

Message frequency may vary depending on the type of communication. For example, up to 30 SMS messages per week may be received related to [appointments, billing, Safety Requirements, etc.].
- 4. Potential Fees for SMS Messaging:**

Standard message and data rates may apply, depending on the carrier's pricing plan. These fees may vary if the message is sent domestically or internationally.
- 5. Opt-In Method:**

Opt-in to receive SMS messages from Midstates Recreation can be done in the following ways:

  - By submitting an online form
- 6. Opt-Out Method:**

Opting out of receiving SMS messages can be done at any time by replying "STOP" to any SMS message received. Alternatively, direct contact can be made to request removal from the messaging list.
- 7. Help:**

For any issues, reply with the keyword HELP. Alternatively, help can be obtained directly from us at [info@midstatesrecreation.com](mailto:info@midstatesrecreation.com)

**Additional Options:**

If SMS messages are not desired, the SMS consent box on forms can be left unchecked.
- 8. Standard Messaging Disclosures:**

Message and data rates may apply. Opt out at any time by texting "STOP." For assistance, text "HELP" or visit our [Privacy Policy](#) and [Terms and Conditions](#) pages. Message frequency may vary